



TERM 2 2023
Group Based
Community Program (CP)
TUGGERAH



BOOK & PAY ONLINE
you-connect.com.au/programs

We charge the NDIS from 9am - 3pm each day for Supports, at the agreed ratio.
Stripe charges of 1.75% plus a booking fee of 30c will be added at checkout.




TERM 2 CP | WEEK 1



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	<p>April 24, 2023 10 Brooks Ave, Wyoming NSW 2250</p> <h3>Bowling League</h3> <p>Bowling league's focus will be Teamwork. Participants will enjoy competing in YC'S bowling league at Gosford City Bowl.</p>	<p>Activity Cost:</p> <p>\$15</p>	
TUESDAY	<p>April 25, 2023 </p> <h3>Public Holiday - ANZAC Day</h3>		
WEDNESDAY	<p>April 26, 2023 </p> <h3>Out and About</h3> <p>Out and About will focus on community access. Participants will access and explore their local community.</p>	<p>Activity Cost:</p> <p>\$10</p>	
THURSDAY	<p>April 27, 2023 </p> <h3>Connect to Nature</h3> <p>The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.</p>	<p>Activity Cost:</p> <p>\$10</p>	
FRIDAY	<p>April 28, 2023 </p> <h3>Keep Moving</h3> <p>Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.</p>	<p>Activity Cost:</p> <p>\$10</p>	

TERM 2 CP | WEEK 2



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	<p>May 01, 2023 10 Brooks Ave, Wyoming NSW 2250</p> <h3>Bowling League</h3> <p>Bowling league's focus will be Teamwork. Participants will enjoy competing in YC'S bowling league at Gosford City Bowl.</p>	<p>Activity Cost:</p> <p>\$15</p>	
TUESDAY	<p>May 02, 2023 </p> <h3>Community Connection</h3> <p>Community Connection will be focused on the Local Community Gardens project. Participants will work along side permaculture teachers to assist with the care and planning of local community Gardens across the central coast. This opportunity was created by the product of the edible gardens project.</p>	<p>Activity Cost:</p> <p>\$10</p>	
WEDNESDAY	<p>May 03, 2023 </p> <h3>Out and About</h3> <p>Out and About will focus on community access. Participants will access and explore their local community.</p>	<p>Activity Cost:</p> <p>\$10</p>	
THURSDAY	<p>May 04, 2023 </p> <h3>Connect to Nature</h3> <p>The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.</p>	<p>Activity Cost:</p> <p>\$10</p>	
FRIDAY	<p>May 05, 2023 </p> <h3>Keep Moving</h3> <p>Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.</p>	<p>Activity Cost:</p> <p>\$10</p>	

TERM 2 CP | WEEK 3



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	<p>May 08, 2023 10 Brooks Ave, Wyoming NSW 2250</p> <h3>Bowling League</h3> <p>Bowling league's focus will be Teamwork. Participants will enjoy competing in YC'S bowling league at Gosford City Bowl.</p>	<p>Activity Cost:</p> <p>\$15</p>	
TUESDAY	<p>May 09, 2023 </p> <h3>Community Connection</h3> <p>Community Connection will be focused on the Local Community Gardens project. Participants will work along side permaculture teachers to assist with the care and planning of local community Gardens across the central coast. This opportunity was created by the product of the edible gardens project.</p>	<p>Activity Cost:</p> <p>\$10</p>	
WEDNESDAY	<p>May 10, 2023 </p> <h3>Out and About</h3> <p>Out and About will focus on community access. Participants will access and explore their local community.</p>	<p>Activity Cost:</p> <p>\$10</p>	
THURSDAY	<p>May 11, 2023 </p> <h3>Connect to Nature</h3> <p>The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.</p>	<p>Activity Cost:</p> <p>\$10</p>	
FRIDAY	<p>May 12, 2023 </p> <h3>Keep Moving</h3> <p>Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.</p>	<p>Activity Cost:</p> <p>\$10</p>	

TERM 2 CP | WEEK 4



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	<p>May 15, 2023 1/168 Pacific Hwy, Tuggerah NSW 2259</p> <h3>Bowling League</h3> <p>Bowling league's focus will be Teamwork. Participants will enjoy competing in YC'S bowling league at Gosford City Bowl.</p>	<p>Activity Cost:</p> <p>\$15</p>	
TUESDAY	<p>May 16, 2023 </p> <h3>Community Connection</h3> <p>Community Connection will be focused on the Local Community Gardens project. Participants will work along side permaculture teachers to assist with the care and planning of local community Gardens across the central coast. This opportunity was created by the product of the edible gardens project.</p>	<p>Activity Cost:</p> <p>\$10</p>	
WEDNESDAY	<p>May 17, 2023 </p> <h3>Out and About</h3> <p>Out and About will focus on community access. Participants will access and explore their local community.</p>	<p>Activity Cost:</p> <p>\$10</p>	
THURSDAY	<p>May 18, 2023 </p> <h3>Connect to Nature</h3> <p>The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.</p>	<p>Activity Cost:</p> <p>\$10</p>	
FRIDAY	<p>May 19, 2023 </p> <h3>Keep Moving</h3> <p>Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.</p>	<p>Activity Cost:</p> <p>\$10</p>	

TERM 2 CP | WEEK 5



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	<p>May 22 2023 10 Brooks Ave, Wyoming NSW 2250</p> <h3>Bowling League</h3> <p>Bowling league's focus will be Teamwork. Participants will enjoy competing in YC'S bowling league at Gosford City Bowl.</p>	<p>Activity Cost:</p> <p>\$15</p>	
TUESDAY	<p>May 23, 2023 </p> <h3>Community Connection</h3> <p>Community Connection will be focused on the Local Community Gardens project. Participants will work along side permaculture teachers to assist with the care and planning of local community Gardens across the central coast. This opportunity was created by the product of the edible gardens project.</p>	<p>Activity Cost:</p> <p>\$10</p>	
WEDNESDAY	<p>May 24, 2023 </p> <h3>Out and About</h3> <p>Out and About will focus on community access. Participants will access and explore their local community.</p>	<p>Activity Cost:</p> <p>\$10</p>	
THURSDAY	<p>May 25, 2023 </p> <h3>Connect to Nature</h3> <p>The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.</p>	<p>Activity Cost:</p> <p>\$10</p>	
FRIDAY	<p>May 26, 2023 </p> <h3>Keep Moving</h3> <p>Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.</p>	<p>Activity Cost:</p> <p>\$10</p>	

TERM 2 ASP | WEEK 6



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	May 29, 2023 10 Brooks Ave, Wyoming NSW 2250 Bowling League Bowling league's focus will be Teamwork. Participants will enjoy competing in YC'S bowling league at Gosford City Bowl.	Activity Cost: \$15	
TUESDAY	May 30, 2023 Community Connection Community Connection will be focused on the Local Community Gardens project. Participants will work along side permaculture teachers to assist with the care and planning of local community Gardens across the central coast. This opportunity was created by the product of the edible gardens project.	Activity Cost: \$10	
WEDNESDAY	May 31, 2023 Out and About Out and About will focus on community access. Participants will access and explore their local community.	Activity Cost: \$10	
THURSDAY	June 01, 2023 Connect to Nature The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.	Activity Cost: \$10	
FRIDAY	June 02, 2023 Keep Moving Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.	Activity Cost: \$10	

TERM 2 CP | WEEK 7



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	<p>June 05, 2023 10 Brooks Ave, Wyoming NSW 2250</p> <h3>Bowling League</h3> <p>Bowling league's focus will be Teamwork. Participants will enjoy competing in YC'S bowling league at Gosford City Bowl.</p>	<p>Activity Cost:</p> <p>\$15</p>	
TUESDAY	<p>June 06, 2023 </p> <h3>Community Connection</h3> <p>Community Connection will be focused on the Local Community Gardens project. Participants will work along side permaculture teachers to assist with the care and planning of local community Gardens across the central coast. This opportunity was created by the product of the edible gardens project.</p>	<p>Activity Cost:</p> <p>\$10</p>	
WEDNESDAY	<p>June 07, 2023 </p> <h3>Out and About</h3> <p>Out and About will focus on community access. Participants will access and explore their local community.</p>	<p>Activity Cost:</p> <p>\$10</p>	
THURSDAY	<p>June 08, 2023 </p> <h3>Connect to Nature</h3> <p>The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.</p>	<p>Activity Cost:</p> <p>\$10</p>	
FRIDAY	<p>June 09, 2023 </p> <h3>Keep Moving</h3> <p>Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.</p>	<p>Activity Cost:</p> <p>\$10</p>	

TERM 2 CP | WEEK 8



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	June 12, 2023 Public Holiday - Monarch's Official Birthday		
TUESDAY	June 13, 2023 Community Connection Community Connection will be focused on the Local Community Gardens project. Participants will work along side permaculture teachers to assist with the care and planning of local community Gardens across the central coast. This opportunity was created by the product of the edible gardens project.	Activity Cost: \$10	
WEDNESDAY	June 14, 2023 Out and About Out and About will focus on community access. Participants will access and explore their local community.	Activity Cost: \$10	
THURSDAY	June 15, 2023 Connect to Nature The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.	Activity Cost: \$10	
FRIDAY	June 16, 2023 Keep Moving Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.	Activity Cost: \$10	

TERM 2 CP | WEEK 9



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	<p>June 19, 2023 10 Brooks Ave, Wyoming NSW 2250</p> <h3>Bowling League</h3> <p>Bowling league's focus will be Teamwork. Participants will enjoy competing in YC'S bowling league at Gosford City Bowl.</p>	<p>Activity Cost:</p> <p>\$15</p>	
TUESDAY	<p>June 20, 2023 </p> <h3>Community Connection</h3> <p>Community Connection will be focused on the Local Community Gardens project. Participants will work along side permaculture teachers to assist with the care and planning of local community Gardens across the central coast. This opportunity was created by the product of the edible gardens project.</p>	<p>Activity Cost:</p> <p>\$10</p>	
WEDNESDAY	<p>June 21, 2023 </p> <h3>Out and About</h3> <p>Out and About will focus on community access. Participants will access and explore their local community.</p>	<p>Activity Cost:</p> <p>\$10</p>	
THURSDAY	<p>June 22, 2023 </p> <h3>Connect to Nature</h3> <p>The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.</p>	<p>Activity Cost:</p> <p>\$10</p>	
FRIDAY	<p>June 23, 2023 </p> <h3>Keep Moving</h3> <p>Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.</p>	<p>Activity Cost:</p> <p>\$10</p>	

TERM 2 CP | WEEK 10



NOTE:

Day Program runs 9am - 3pm, Monday - Friday

MONDAY	<p>June 26, 2023 10 Brooks Ave, Wyoming NSW 2250</p> <h3>Bowling League</h3> <p>Bowling league's focus will be Teamwork. Participants will enjoy competing in YC'S bowling league at Gosford City Bowl.</p>	<p>Activity Cost:</p> <p>\$15</p>	
TUESDAY	<p>June 27, 2023 </p> <h3>Community Connection</h3> <p>Community Connection will be focused on the Local Community Gardens project. Participants will work along side permaculture teachers to assist with the care and planning of local community Gardens across the central coast. This opportunity was created by the product of the edible gardens project.</p>	<p>Activity Cost:</p> <p>\$10</p>	
WEDNESDAY	<p>June 28, 2023 </p> <h3>Out and About</h3> <p>Out and About will focus on community access. Participants will access and explore their local community.</p>	<p>Activity Cost:</p> <p>\$10</p>	
THURSDAY	<p>June 29, 2023 </p> <h3>Connect to Nature</h3> <p>The Sustainable Wetlands Agricultural Maker's Project (SWAMP) together with You Connect facilitate a nature, gardening, cultural and educational program for the participants of You Connect.</p>	<p>Activity Cost:</p> <p>\$10</p>	
FRIDAY	<p>June 30, 2023 </p> <h3>Keep Moving</h3> <p>Keep moving will focus on being active through a variety of activities, such as; Swimming, walking tracks, gym visits, and other fun activities.</p>	<p>Activity Cost:</p> <p>\$10</p>	



For all enquiries, please contact Sarah Bloom
sarah.bloom@you-connect.com.au

Please Note: Activities are subject to change based on weather and COVID Restrictions. If a change is necessary you will be notified the morning of and given a refund, if the funds cannot be put towards the new activity.

